

## Post-Operative Medication

You will be given medications after your procedure — two medications for pain (Motrin and either Vicodin or Tylenol with codeine or a written prescription) and a sleeping aide (Dalmane 30mg).

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| <b>Motrin 800mg</b>                                | If you have been given Motrin 800mg, take <b>one</b> tablet with food when you arrive at your destination. Continue taking the Motrin for the next few days every six to eight hours as needed for pain.                                |
| <b>Vicodin 5/500mg (Hydrocodone)</b>               | If you have been given Vicodin 5/500mg (Hydrocodone), take <b>one</b> or <b>two</b> tablets thirty minutes before bedtime. This will help with any pain you may experience due to lying on the donor/stitches area.                     |
| <b>Tylenol w/Codeine (acetaminophen w/codeine)</b> | If you have been given Tylenol with codeine (acetaminophen with codeine), take <b>one</b> or <b>two</b> tablets thirty minutes before bedtime. This will help with any pain you may experience due to lying on the donor/stitches area. |
| <b>Other Pain Medication</b>                       | If you have been given a prescription for pain other than Vicodin or Tylenol with codeine, take the medication as directed on your prescription bottle.   |
| <b>Dalmane 30mg</b>                                | If you have been given Dalmane 30mg (sleep aide), take <b>one</b> capsule thirty minutes before bedtime. This will help you sleep as you have to sleep on your back for the first three to four nights.                                 |
| <b>Other Sleep Aide</b>                            | If you have been given a prescription for a sleep aid other than Dalmane, follow the instructions on your prescription bottle.  |
| <b>Post-Operative Visit</b>                        | The day after your procedure you may experience some discomfort in the donor/stitches area. We suggest that you take <b>one</b> Motrin 800mg prior to coming in for your post-op since we will be cleaning your hair and head.          |

You may continue taking the Motrin 800mg during the day as needed for pain. Use the Vicodin or Tylenol with codeine at bedtime if you are experiencing any pain. If you are having pain during the day and the Motrin 800mg is not reducing the pain, you need to contact our office and speak to the nurse for further instructions.